

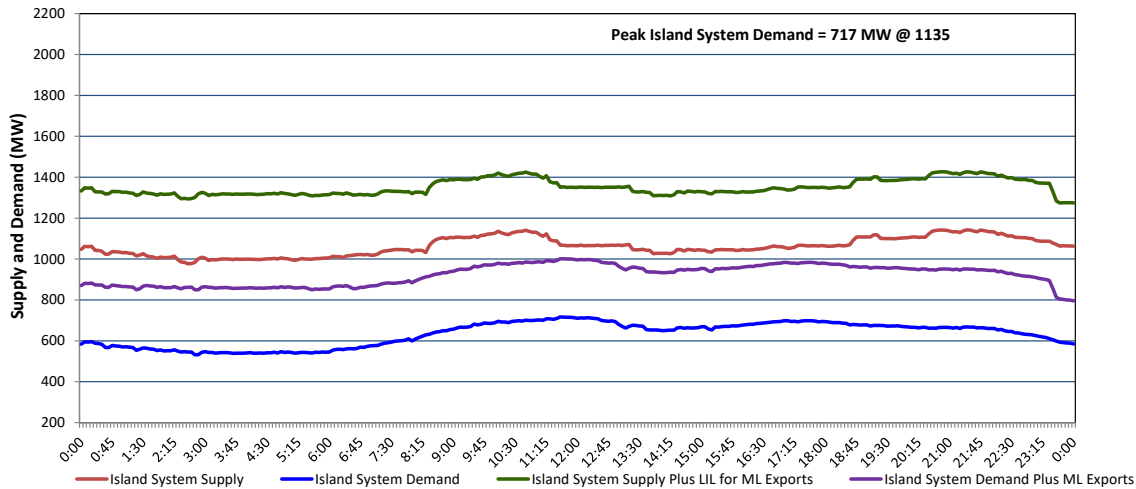
Newfoundland Labrador Hydro (NLH)

Supply and Demand Status Report Filed Tuesday, July 21, 2026

Section 1

Island Interconnected System - Supply, Demand & Exports

Actual 24 Hour System Performance For Saturday, July 18, 2026



Island Supply Notes For July 18, 2026

- A As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
- B As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- C As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
- D As of 0701 hours, May 24, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW).
- E As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
- F As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW).
- G As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW).
- H As of 0239 hours, June 30, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- I As of 0809 hours, July 05, 2026, Bay d'Espoir Unit 7 unavailable due to planned outage (154.4 MW).
- J As of 0905 hours, July 14, 2026, Stephenville Gas Turbine unavailable due to planned outage (50 MW).
- K As of 1555 hours, July 17, 2026, Bay d'Espoir Unit 2 unavailable due to planned outage (76.5 MW).

Section 2

Island Interconnected System - Supply, Demand & Outlook

Sun, Jul 19, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	1,089 MW	Sunday, July 19, 2026	735	685
NLH Island Generation: ^{3,7}	680 MW	Monday, July 20, 2026	775	725
NLH Island Power Purchases: ⁵	110 MW	Tuesday, July 21, 2026	770	720
NP and CBPP Owned Generation:	200 MW	Wednesday, July 22, 2026	780	730
LIL Net Imports to Island: ⁹	99 MW	Thursday, July 23, 2026	800	750
		Friday, July 24, 2026	780	730
7-Day Island Peak Demand Forecast:	800 MW	Saturday, July 25, 2026	745	695

Island Supply Notes For July 19, 2026

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3

Island Peak Demand and Exports Information

Previous Day Actual Peak and Current Day Forecast Peak

Sat, Jul 18, 2026	Island Peak Demand ¹⁰	11:35	717 MW
	Exports at Peak		284 MW
	LIL Net Imports to Island		2,355 MWh
Sun, Jul 19, 2026	Forecast Island Peak Demand		735 MW

- Notes:
10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).